Cosmetic Injectables

MUSCLE RELAXANTS .......................................................................................... From $5 per unit

CONSULTATION:
A free consultation will be provided by our doctor and registered cosmetic nurses. A thorough explanation and treatment plan will be addressed to ensure an optimal outcome is achieved.

COMMON AREAS OF CONCERN:
- Frown Lines – “cranky lines” are the vertical lines between the eyebrows
- Forehead Lines – horizontal lines across the forehead
- Crow’s Feet – lines at the corner of the outer eye
- Eyebrow Lift – anti wrinkle injections can help alleviate a heavy eyelid and open the eye for a fresher look
- Gummy Smile – excessive gum tissue shown when smiling
- Bunny Lines – lines and creases on the bridge of the nose

HYPERHIDROSIS ............................................................................................................. $900

With the use of muscle relaxants, we can effectively treat excessive sweating.
DOUBLE CHIN – BELKYRA

1 x vial ............................................................................................................................................ $750
2 x vials ......................................................................................................................................... $1450
3 x vials ....................................................................................................................................... $2000

“Surgery in a Syringe!” . . . A non surgical alternative to re-contouring the lower face in order to alleviate a heavy sub mental or “double chin”. The treatment involves injecting the fat under the chin with a synthetic version of deoxycholic acid which effectively destroys the entire fat cell. The fat is then engulfed by phagocytes which in turn is transferred by the blood stream in the liver, where it is excreted out of the body.

DERMAL FILLERS ............................................................................................. From $450

CONSULTATION:
A free consultation will be provided by our doctor and registered cosmetic nurses. A thorough explanation and treatment plan will be addressed to ensure an optimal outcome is achieved.

COMMON AREAS OF CONCERN:

Lips
As we age we lose hydration, elasticity and volume in the lips contributing to an aged appearance. Lip enhancement will re-volumise the lips, restore shape and address the vertical lines that can form around the mouth known as smoker’s lines.

Cheeks
Loss of volume in our cheeks creates a heavy sagging appearance of the face creating a drawn aged appearance. Restoring volume in the cheek area can improve the midface by lifting areas such as the nasolabial folds and corners of the mouth.

Tear Troughs
Often recognised as dark circles under the eyes, deep tear troughs can make the patient look tired and drawn. Dermal fillers can replace lost volume that contributes to this tired look.

Marionette Lines
The appearance of downturned lines that run vertically downwards from the mouth to the chin can be corrected through dermal fillers. People feel these lines can make them look sad or older than they are.

Jawline (Pre-Jowl Sulcus)
As we age, fat descends from our cheeks and collects along the jawline creating a heavy, drawn and sagging appearance. Filling the dent in front of the jowl creates a smooth jawline that implies youth and attractiveness.

Chin
The chin is an important aspect of the lower face. By enhancing the chin, the jawline is defined and the profile of the face is balanced.
Medical Procedures

FACE & NECK THREAD LIFT ................. $200 per thread (up to 12 threads)
                                      $175 per thread thereafter

The face and neck thread lift is a non surgical facelift that uses fine threads to lift and volumise the face, neck, naso-labial, jowl, marionette and brow without the downtime and invasiveness of a surgical facelift. The face and neck thread lift provides structural support and lift through biodegradable sutures that actively work to stimulate collagen production over time and restore the shape of the face in a natural way.
URINARY INCONTINENCE / PROLAPSE ....................... $790 per treatment
$690 pensioners

IncontiLase laser is used to tighten mucosal tissue and improve the function of the pelvic floor muscles that are responsible for supporting the bladder. Different types of incontinence are addressed such as:-

• Stress
• LBL due to childbirth
• Weak pelvic floor
• Atrophy (dryness due to ageing)

VAGINAL TIGHTENING - INTIMALASE ............................ $790 per treatment
$690 pensioners

Non surgical laser procedure designed of restore elasticity in the vagina vault.

BENEFITS INCLUDE:-

• Improved sensation during sexual intercourse
• Restoration of elasticity post childbirth
• Reduction of the effects of menopause such as dryness and itching

VAGINAL ATROPHY – RENOVALASE .............................. $790 per treatment
$690 pensioners

The RenovaLase treatment is based on laser-induced, mild and controlled heating of the vaginal tissue, which stimulates blood vessel formation, collagen and elastin formation without thermal or ablative damage. The final result is increased tissue thickness along with a reduction of symptoms such as dryness, itching, irritation.

SNORING – NIGHTLASE ............................................................ $790 per treatment
$690 pensioners

NightLase is a non-invasive, patient friendly treatment for increasing the quality of patient’s sleep. Gentle enough to be used on the sensitive tissue inside the mouth but strong enough to provide clinical efficacious healing that stimulates the tightening of lax tissue which contributes to snoring.
Laser

PHOTOREJUVENATION - BBL
BBL sets a new standard in treating skin conditions associated with aging, acne, loss of skin firmness, and sun damage. Broadband light is a non ablative treatment that targets freckles, age spots and redness with little to no downtime and exceptional results.

Spot treatment .......................................... $75  
Hands ......................................................... $150  
Cheeks ...................................................... $250  
Full face ................................................... $499  
Décolletage ............................................... $300  
Full face and décolletage ..................... $650

VEINS
Haemangiomas, spider naevi, are easily treated with Nd:Yag laser. Energy from the laser is absorbed by the blood in the vessel, converted to heat and the vein is subsequently destroyed.

Spot treatment (Haemangioma) .......... $75  
Medium Spot (6x9cm) ......................... $180  
Large spot (15x10cm) ............................. $250

PHOTODYNAMIC THERAPY  ............................................................... Full Face $790
Used to treat superficial pre-cancerous skin lesions. PDT uses photo sensitising agents together with light to kill off pre-cancerous cells.

FRACTIONAL REJUVENATION  ......................................................... Full Face $450  
Chest $300
Used to treat fine lines, scarring, dull skin tone and skin laxity.
Treatments can be performed at varying energy & depth levels and tailored to the individual’s desires.

LIGHT/MEDIUM PEEL  ............................................................................. Full Face $700
Texture, pigmentation, acne scarring, fine to medium lines, along with collagen and elastin stimulation, provides overall support and subsequent tightening of the skin. The Er:Yag laser can be used on the delicate neck area and even on the back of the hands to remove tell tale signs of damaged skin.

LESION REMOVAL  ............................................................................. First Lesion $290  
Thereafter $50
An alternative method to surgery for benign skin lesions and moles. This modality will use a controlled heat to shave the lesion down to the level of the skin. The advantage of this method is the lack of scarring as no skin is excised.
TWINLIGHT FRACTIONAL REJUVENATION .................................................. $600
Conditioning and rejuvenation in one treatment. Suitable for all skin types and tones with minimal
downtime. A Twinlight procedure combines the deeper dermal effects of collagen and elastin
stimulation provided by Nd:Yag with Er:Yag ideal for brushing away surface imperfections to reveal a
clearer, more radiant complexion.

4D REJUVENATION ........................................................................................................ $600
4 treatments in one. Providing a combination of Er:Yag and Nd:Yag wavelengths, 4D rejuvenation
targets deep, medial and superficial structures of the skin. Tightening, volumising (wrinkle reduction)
and resurfacing with no or minimal downtime.

TIGHTSCULPT ...................................................................................................... From $300
Laser body sculpting and skin tightening. Unique Nd:Yag pulse comfortably heats the tissue to stimulate
the destruction of fat cells whilst skin laxity and elasticity is improved with Er:Yag SMOOTH mode.

SCAR REVISION .................................................................................................... From $150
Laser is suited for the effective treatment of a range of scars including hypertrophic, keloid and stretch
marks. It has demonstrated substantial improvements in the aesthetic and overall appearance of scars.

ACNE ........................................................................................................................... From $150
A multi-step approach to treating acne combines the use of heat to kill off the bacteria that causes
the outbreak together with a light fractional ablation to remove the tough outer layer of skin that
contributes to the clogging of these pores. An individual assessment is necessary to ensure the
treatment plan is tailored exclusively for the individual.

ONYCHOMYCOSIS ......................................................................... $150 per treatment
Fungal nail infections are simply and effectively treated using Nd:Yag laser to kill off the parasitic fungi.
Treatment consists of weekly sessions for 4 consecutive weeks.

TRUSCULPT (Fat Reduction)
The latest non-invasive technology clinically proven to provide deep uniform heating that destroys fat
cells. Specifically designed to target those stubborn areas, such as under the chin, love handles, tummy
and thighs, that exercise and diet alone cannot.

Arms – Front or Back ........................................$350
Chin .................................................................$400
Full Abdomen......................................................$650
Lower Abdomen..............................................$450
Hips/Flanks..........................................................$500
Thigh – Front or Back..............................................$600
- Inner or Outer .................................................$500
Buttocks.............................................................$650
Platelet Rich Plasma (PRP) Therapy

PRP or Platelet rich plasma is a concentrated extract of your own blood that contains six to seven times more platelets, growth factors, and active proteins for tissue and injury healing. The potential benefits of PRP have led to a recent widespread interest in its use for anti-aging and regenerative purposes. The healing properties of the blood components in PRP can be used as a cosmetic treatment for the following:

- Reduction of fine lines and wrinkles
- Collagen and volume loss
- Acne scarring & Rosacea
- Crow’s feet and dark under eye circles
- Tightening and toning skin
- Hair restoration

1 Treatment ........................................................................................................................... $800
2 Treatments ................................................................................................................................$1500
3 Treatments ................................................................................................................................$2100
**HYDRATION SKIN BOOSTER** .................. $550 per treatment or $1,500 for 3

V2 Beauty booster administers micro boluses of hyaluronic acid into the dermis of the skin where it positively affects dehydrated, crepey tissue that lacks firmness and fullness. The HA gel integrates evenly and leaves no residual bumps in the skin even in delicate areas like the neck or under the eyes. The added advantage of the micro needling of the HA into the skin provides the stimulation of new collagen and elastin, thus acting as a double whammy treatment. The V2 Beauty Booster can be used almost anywhere on the body from the face, under eyes, décolletage, hands or legs.

**NON SURGICAL EYELIFT (Blepharoplasty).......**

Upper 1st $450 / 2nd $350
Lower 1st $300 / 2nd $200
per eye/per treatment

Plasma skin tightening, non-surgical upper and lower eyelid tightening (blepharoplasty) and wrinkle reduction is a new and revolutionary treatment utilizing plasma to stimulate instant contraction and tightening of the skin.

**MICRO SKIN NEEDLING .................................................................**

Full Face $240 / + Neck $290

The Ultra-Pen needling system allows for controlled stimulation of the skin’s ability to repair itself by creating micro wounds which triggers new collagen synthesis. The result is smoother firmer and younger looking skin.

The procedure is normally completed within 30 - 60 minutes.

**PACKAGES**

Buy 4 treatments

Full Face $850
Full Face + Neck $950

**SKIN TAGS** ................................................................. From $50

Diathermy is an electronically induced high frequency current that produces heat to effectively and completely remove small growths of skin that appear on the body.

**WARTS** ................................................................. From $75

Nd:Yag laser effectively uses an intense light or heat, to destroy the virus and wart tissue.
Skin Care

Aspect Dr™
WINNER - BEST PROFESSIONAL SKINCARE RANGE 2016
A new direction in active, clinical grade skincare, formulated to include gold standard ingredients with proven anti-ageing qualities but without the trauma or downtime caused by the inclusion of irritating, toxic or harmful ingredients.

Skin Better Science
A trio of time-defying products that targets lines, wrinkles and collagen. A three-step regimen of anti-aging products.

Best suited for ageing skin, the 3 step daily regimen targets visible signs of ageing such as crepey and lined skin.

Cosmelan Depigmentation Treatment
Effectively combining professional and home maintenance, Cosmelan works to eliminate pigmentation as well as inhibiting the formation of further production. Suitable for all skin types, Cosmelan directly targets all types of pigmentation including melasma. Perfect for patients who do not desire downtime or those not suitable for laser or IPL treatments.

Your prescription to healthy skin
Dr. Guy Kinsella

Dr. Guy Kinsella has lived and worked all his life in the Newcastle area. He completed his study at the University of New South Wales and after graduation went on to spend 15 years focusing on skin cancer treatment using advanced technology.

Sally Kinsella

Sally is a registered nurse specialising in all things cosmetic such as muscle relaxants, filler injections and laser treatments.

Comprehensive advanced injectable training together with a background in beauty, Sally has a unique ability to view her clients on an individual basis and determine the best procedures for optimal results. Sally’s philosophy of keeping it real and natural ensures her clients feel restored without being or feeling overdone.

Jillian Morgan

Registered Nurse Jillian joined our team in 2016, specialising in Cosmetic Nursing. Jill has undertaken extensive training specialising in anti-wrinkle and filler injections, and cosmetic and medical laser procedures.

She is outgoing and friendly, with a passion for patient care and strives to go above and beyond to ensure patients feel at ease when visiting our clinic.

Melinda Swift Roberts

Mel is a Registered Nurse with over 20 years experience, her professional background includes Primary Health care, Paediatrics, Surgical and Oncology Nursing. Her passion and professional focus has moved toward Aesthetic and Cosmetic Nursing, she brings a wealth of knowledge and skills that complement her current experience with performing cosmetic procedures and treatments. Mel is dedicated to achieving the best possible outcome for her clients with professionalism and the highest quality care.